



# TORRINGTON AREA HEALTH DISTRICT

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*"Promoting Health & Preventing Disease Since 1967"*

Borough of Bantam

## Press Releases

02/05/2018

Bethlehem

### **TAHD Announces Flu Clinic for Saturday February 10, 2018 to be held at the Torrington Area Health District Main Office at 350 Main Street Torrington, CT 06790 9:00 AM – 11:00 AM**

Canaan

Cornwall

In an effort to protect the public's health and reduce the spread of the influenza (flu) virus which has heavily affected CT the State Department of Public Health has asked local health departments to administer additional influenza clinics for those residents who have not yet received the influenza vaccine. In response to DPH's request the Torrington Area Health District is partnering with Foothills VNA to provide a free/low cost influenza vaccine clinic on Saturday, February 10, 2018. The clinic will be held at the TAHD main office located at 350 Main Street Torrington, CT from 9:00 AM till 11:00 AM. CT DPH strongly encourages all Connecticut residents over the age of 6 months to get a flu shot.

Goshen

Harwinton

Kent

Borough of Litchfield

Vaccine administered to children 18 years of age and younger will be made available free of charge. Vaccine for children comes from the Connecticut Vaccine Program. Managed by DPH, this program provides influenza vaccine free of charge for all children 6 months through 18 years of age. Adult vaccine will be provided at no cost to those without insurance. Residents with insurance should bring their card and will be charged a small administrative fee, but will not be charged out of pocket for the vaccine.

Litchfield

Middlebury

Morris

State health officials say flu activity in Connecticut continues to increase. As of January 27<sup>th</sup>, over 2,996 people have tested positive for the flu so far this season, and 1,154 have been hospitalized with the illness. There have also been 52 flu-related deaths so far this season. For the most recent information about influenza activity in Connecticut, please see the DPH [weekly influenza update](#).

Norfolk

North Canaan

Plymouth

Influenza is a contagious respiratory illness that is spread through the air and by direct contact with respiratory droplets. Typical symptoms of the flu include sudden fever, aching muscles, sore throat, coughing, runny nose, headache, and eye pain. While anyone, particularly individuals who are not vaccinated, can contract the flu, the illness is especially dangerous for certain groups, including: people aged 65 and older; children younger than 2 years old; people of any age with chronic medical conditions, like asthma, diabetes, congestive heart failure, or lung disease; and pregnant women.

Salisbury

Thomaston

Torrington

Warren

Watertown

Winsted

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